

FREQUENTLY ASKED QUESTIONS

FOR LEADERSHIP COACHING

1. How much will leadership coaching cost?

In the beginning of the leadership coaching process, much of the coach's time is spent with the leaders' stakeholders gathering critical feedback. The coaching fees at this stage are based on an hourly rate of \$100.

Post feedback gathering, the monthly program fees are as follows:

3 month coaching contract (includes 9, 1 hour coaching sessions) - \$900 (\$100/hour)

6 month coaching contract (includes 18, 1 hour coaching sessions) - \$1710 (\$95/hour)

9 month coaching contract (includes 27, 1 hour coaching sessions) - \$2430 (\$90/hour)

12 month coaching contract (includes 36, 1 hour coaching sessions) - \$3036 (\$85/hour)

A one-time or stand alone individual session can be effective for brief assessment purposes, brainstorming and/or clarification assistance of immediate goals and/or challenges. The fee for an individual session is \$150/hour. The **client is responsible for placing long distance phone calls** or the cost of travel for face-to-face coaching.

Any and all coaching relationships include unlimited email support and short (3-6 minute) calls as needed to report emergent problems or successes.

2. Is leadership coaching effective?

Coaching works best when the client is Ready, Willing, and Able to change. When these conditions are present anything is possible.

3. How long does it take?

A single 10 minute coaching conversation can produce lasting change. However, most leadership coaching clients find they need several hours of coaching spread over several weeks or months to achieve the expected results. Each coaching call typically runs for 60 minutes. Leadership coaching clients typically find the greatest results within a commitment of at least 6 months.

4. What happens in a coaching session

Please see the document entitled "Leadership Coaching Process" for more detailed information on the leadership coaching model that we use.